

## Dr. Ludwig Allegra

Northwest Face

Kirkland and Seattle, Washington

### ASK DR. ALLEGRA

#### WHY DO YOU CHOOSE TO WORK IN TANDEM WITH DERMATOLOGIST DR. JULIE E. VOSS?

The partnership allows us to provide a broad range of services to enhance the face and overall skin.

#### WHAT DOES A CONSULTATION WITH YOU ENTAIL?

After listening to my patients describe their needs, I develop customized treatment plans, spending a great deal of time getting to know patients, understanding their concerns and offering the best options to suit their desires.

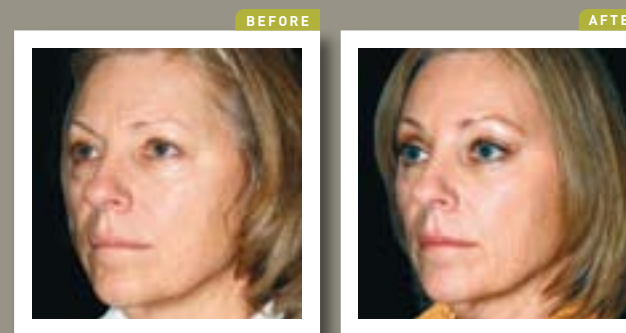
#### HOW DOES YOUR PRACTICE'S LOCATION CONTRIBUTE TO PATIENT COMFORT?

It overlooks Lake Washington, providing patients with a peaceful, private and accessible venue.

### Conservative techniques

Dr. Allegra feels some of the earliest changes that take place affect the region of the eyes and brows, resulting in a progressively fatigued, heavy appearance. "This often translates into being seen as tired or perhaps angry and unhappy," says Dr. Allegra. "The eyes seemingly become smaller in proportion to the face." Instead of trimming the eyelid, Dr. Allegra moves brow tissue endoscopically. "The results are undetectable, and yield natural, youthful restoration." For patients with jowling, neck laxity, nasolabial folds and marionette lines, Dr. Allegra will perform a mini-lift procedure, restoring support of the underlying muscle tissue, without signs of enhancement. "It is ideal for individuals experiencing early to moderate aging. As one loses support of muscle tissue, the jawline and neck age, and nasolabial folds start to deepen. A mini-lift is able to help reverse these changes."

### CASE STUDY



### ENDOSCOPIC BROWLIFTS

Dr. Allegra believes in the effectiveness of the endoscopic browlift. "Via the endoscopic technique of releasing and repositioning the brow tissue, restoration of the upper face is achieved. No tissue is removed, simply repositioned."

"our facility is equivalent to any highly regarded hospital"

DR. LUDWIG ALLEGRA IS BOARD-CERTIFIED BY THE AMERICAN BOARD OF FACIAL PLASTIC AND RECONSTRUCTIVE SURGERY AND THE AMERICAN BOARD OF OTOLARYNGOLOGY. HE HAS LONG-ESTABLISHED PRACTICES IN THE KIRKLAND AND SEATTLE AREAS. HIS EXTENSIVE PRACTICE, NORTHWEST FACE, OFFERS FACIAL PLASTIC SURGERY PROCEDURES INCLUDING ENDOSCOPIC FACELIFT, BROWLIFT AND MID-FACELIFT TECHNIQUES, BOTOX, FILLERS, LASER RESURFACING, ACNE SCAR TREATMENT, BLEPHAROPLASTY AND RHINOPLASTY SURGERY.

### MEET THE EXPERT

## Dr. Ludwig Allegra

American Board of Facial Plastic and Reconstructive Surgery  
American Board of Otolaryngology

#### SERVICES OFFERED

Endoscopic Browlift  
Facelift  
Mini-Lift  
Laser Resurfacing  
FX Resurfacing  
Blepharoplasty  
Rhinoplasty  
Dysport™  
Botox®  
Fillers

#### ABOUT DR. ALLEGRA

##### HOW WOULD YOU SUMMARIZE YOUR PHILOSOPHY?

I ensure the restoration and rejuvenation of patients' appearances while keeping them looking natural and well-rested.

##### WHAT PROCEDURES DO YOU PERFORM ENDOSCOPICALLY?

I often employ endoscopic techniques when performing a facelift, browlift or mid-facelift because they help to achieve a natural appearance.

##### HOW LONG HAVE YOU BEEN PERFORMING SURGERY?

For the past 25 years. I'm amazed by the evolution of technology during this time.

#### MEDICAL DEGREE

Tufts University School of Medicine

#### LOCATIONS

Kirkland, Washington  
Seattle, Washington

#### CONTACTS

425.576.1700  
206.525.2525



To learn more about the practice visit  
[nwface.com](http://nwface.com)